

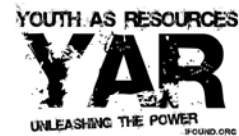


**INITIATIVE  
FOUNDATION**

# Children, Youth & Families News You Can Use

Issue 2

February 2007



Unlocking the potential of people in Central Minnesota to build and sustain healthy communities.

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**Proven Stress Reducers**

Get up 15 minutes earlier in the morning. The inevitable morning mishap will be less stressful.

**METH in the Heartland—A Communities Response** is a 47-minute DVD available through the Morris Minnesota Police Department. This is an informative DVD about Methamphetamine and its effects on rural Minnesota. It could be used for school and community presentations and also something to view at your coalition meeting.

To obtain your copy, contact the Morris Police Department at [www.ci.morris.mn.us/pd](http://www.ci.morris.mn.us/pd).

## Brainerd’s Youth as Resources Groups Presented a check to the Forestview Youth Advisory Council

The Forestview Youth Advisory Council (FYAC) received a grant from the Brainerd Youth as Resources Board for a Halloween project for youth at The Northland Arboretum in Brainerd. The FYAC group helped plan Haunted Trails at the Northland Arboretum. Dressed in costume, they organized games for the younger children and provided some of the haunting on the trails to make this fundraiser for the Arboretum a successful event. Approximately 1250 people attended the event.

## Student Input Key in Success of Meth Task Forces

By Diane McCormack [diane.mccormack@pineriverjournal.com](mailto:diane.mccormack@pineriverjournal.com)

“We can fool our parents so easily.”

That’s what students had to say at a discussion about drug use - methamphetamines in particular - at the Cass County Meth Coalition Task Force meeting Jan. 18 at Walker-Hackensack-Ackley School in Walker.

Students outnumbered adults 2-to-1 at the meeting. Enticed with pizza, approximately 25 WHA and Northland students attended, speaking candidly, but anonymously, about people they know using meth. And they gave input as to how the community might deal with this significant and growing issue. For the Full article, please visit [http://www.pineandlakes.com/stories/012407/news\\_20070124038.shtml](http://www.pineandlakes.com/stories/012407/news_20070124038.shtml)

## Upcoming Events

February 2007	
1	<b>From Discipline to Guidance</b> seminar to be held at Fraser Institutes Administrative Offices. To register, please visit <a href="http://www.fraser.org">www.fraser.org</a> or contact Molly McCauley at 612-798-8359 or <a href="mailto:molly@fraser.org">molly@fraser.org</a> .
5	<b>Infant-Parent Relationships: Promotive Interventions</b> (Workshop #2 from the Lessons from the Field: Attachment Series 2006-2007) Key Presenter: Dr. Charles Zeanah, Tulane University. For a brochure on the Lessons from the Field series, go to <a href="http://www.cmh.umn.edu/events/Attachment%20brochure%209-14.pdf">http://www.cmh.umn.edu/events/Attachment%20brochure%209-14.pdf</a> . To register online, please go to <a href="http://www.cmh.umn.edu/events/lessonsfromthefield_register.html">http://www.cmh.umn.edu/events/lessonsfromthefield_register.html</a>
6	<b>Inclusion Strategies for Children with Autism in Early Childhood Settings</b> seminar to be held at Fraser Child and Family Center . To register, please visit <a href="http://www.fraser.org">www.fraser.org</a> or contact Molly McCauley at 612-798-8359 or <a href="mailto:molly@fraser.org">molly@fraser.org</a> .
12	<b>Transition to Kindergarten</b> seminar to be held at Fraser Institutes Administrative Offices. To register, please visit <a href="http://www.fraser.org">www.fraser.org</a> or contact Molly McCauley at 612-798-8359 or <a href="mailto:molly@fraser.org">molly@fraser.org</a> .
13	<b>The Arts and Community Development Workshop</b> . For more information please check the Initiative Foundation's website at <a href="http://www.ifound.org">www.ifound.org</a> .
13	<b>Recruiting Volunteers and Supervising Volunteers</b> presented by St. Cloud Area Volunteer Coordinators (SCAVC), Volunteer Central MN/United Way of Central Minnesota and the Minnesota Association for Volunteer Administration (MAVA). Location: Boy Scouts, 1191 Scout Drive, Sartell, MN. For more information, contact MAVA at 651-255-0469 or <a href="mailto:office@mavanetwork.org">office@mavanetwork.org</a> . There is a fee for this session - scholarships are available. Both sessions are from 8:30 am - 12:00 noon.
16	<b>School Readiness Gaps: A Closer Look at Contributing Variables and Important Skills</b> (Part of the Center for Early Education and Development (CEED) 2007 McEvoy Lecture Series) Katherine Magnuson, University of Wisconsin, Madison For more information about these lectures and to register, visit CEED's website at <a href="http://education.umn.edu/ceed/events/mnlectures/default.html">http://education.umn.edu/ceed/events/mnlectures/default.html</a> .
March 2007	
7	<b>Young Children and Trauma</b> (Part of the Center for Early Education and Development (CEED) 2007 Harris Forum) Guest Speaker: Professor Charles W. Greenbaum, Hebrew University of Jerusalem. Registration available soon. Read about the Harris Forum at <a href="http://education.umn.edu/ceed/events/HarrisForum/harrisforum.htm">http://education.umn.edu/ceed/events/HarrisForum/harrisforum.htm</a> .
13	<b>Recognizing Volunteers and Managing Risk</b> presented by St. Cloud Area Volunteer Coordinators (SCAVC), Volunteer Central MN/United Way of Central Minnesota and the Minnesota Association for Volunteer Administration (MAVA). Location: Boy Scouts, 1191 Scout Drive, Sartell, MN. For more information, contact MAVA at 651-255-0469 or <a href="mailto:office@mavanetwork.org">office@mavanetwork.org</a> . There is a fee for this session - scholarships are available. Both sessions are from 8:30 am - 12:00 noon.
15	<b>"So You Want to Build a Community Center"</b> Workshop. For more information please check the Initiative Foundation's website at <a href="http://www.ifound.org">www.ifound.org</a> .
23	<b>Minnesota Policies for Closing Early Gaps</b> (Part of the Center for Early Education and Development (CEED) 2007 McEvoy Lecture Series) Panel of Minnesota Legislators For more information about these lectures and to register, visit CEED's website at <a href="http://education.umn.edu/ceed/events/mnlectures/default.html">http://education.umn.edu/ceed/events/mnlectures/default.html</a> .
26-27	<b>David Parnell, Meth motivational Speaker</b> , speaking in Duluth, MN. For more information, visit his website at <a href="http://www.facingthedragon.com">www.facingthedragon.com</a> .
29	<b>Voices for Children Advocacy Day</b> at the Minnesota State Capitol. For more Information visit <a href="http://www.voicesforchildrenmn.org/">http://www.voicesforchildrenmn.org/</a>

## Upcoming Events (continued)

March 2007 (Continued)	
29	<i>INTER-RELATIONSHIP between ATTACHMENT and OTHER MENTAL HEALTH CONCERNS</i> (Workshop #3 from the Lessons from the Field: Attachment Series2006-2007) Key Presenter: Dr. Read Sulik. For a brochure on the Lessons from the Field series, go to <a href="http://www.cmh.umn.edu/events/Attachment%20brochure%209-14.pdf">http://www.cmh.umn.edu/events/Attachment%20brochure%209-14.pdf</a> . To register online, please go to <a href="http://www.cmh.umn.edu/events/lessonsfromthefield_register.html">http://www.cmh.umn.edu/events/lessonsfromthefield_register.html</a>
APRIL 2007	
10	<b>Singing Your Praises...Measuring Your Impact and Positioning Your Volunteer Program for Success</b> presented by St. Cloud Area Volunteer Coordinators (SCAVC), Volunteer Central MN/United Way of Central Minnesota and the Minnesota Association for Volunteer Administration (MAVA). Location: Boy Scouts, 1191 Scout Drive, Sartell, MN. For more information, contact MAVA at 651-255-0469 or <a href="mailto:office@mavanetwork.org">office@mavanetwork.org</a> . There is a fee for this session - scholarships are available. Both sessions are from 8:30 am - 12:00 noon.
24	<b>Risk, Resilience, and Race in Early Childhood: Issues for Research and Action 2007 CEED Minnesota Round Table.</b> Coffman Union, University of Minnesota, Minneapolis. Read about the CEED Round Table at <a href="http://education.umn.edu/ceed/events/roundtable/default/html">http://education.umn.edu/ceed/events/roundtable/default/html</a> .
25	<i>ATTACHMENT: INTERVENTION/TREATMENT MODELS</i> (Workshop #3 from the Lessons from the Field: Attachment Series2006-2007) Key Presenters: Anne Gearity, PhD, LICSW, in collaboration with a panel of practitioners representing varied program implementation models. <b>For a brochure</b> on the Lessons from the Field series, go to <a href="http://www.cmh.umn.edu/events/Attachment%20brochure%209-14.pdf">http://www.cmh.umn.edu/events/Attachment%20brochure%209-14.pdf</a> . <b>To register online</b> , please go to <a href="http://www.cmh.umn.edu/events/lessonsfromthefield_register.html">http://www.cmh.umn.edu/events/lessonsfromthefield_register.html</a>
MAY 2007	
10-11	<b>10th Annual Minnesota Rural Summit, "Thriving By Design.</b> For more information please check the Initiative Foundation's website at <a href="http://www.ifound.org">www.ifound.org</a> .

## Funding opportunities

### [Free Paint and Coatings offered through Initiative Foundation, Valspar](#)

Valspar grant applications **are available from the Initiative Foundation and are due by March 1, 2007**. For more information, contact Dan Frank at (877) 632-9255 toll-free or visit [www.ifound.org](http://www.ifound.org).

### [Anderson Brothers Family Fund Invites Grant Applications](#)

**Deadline: Letter of Inquiry by March 15 for projects beginning after June 1**

If interested, please visit the Initiative Foundation website, [www.ifound.org](http://www.ifound.org).

### [Assets for Independence Demonstration Program](#)

**Application deadline: Mar 25, 2007**

These projects are designed to assist low-income people in becoming economically self-sufficient.

[Blue Cross and Blue Shield of Minnesota](#) is inviting sealed proposals from qualified municipal and county government entities to integrate active living principles into their communities. **Proposals are now being accepted, but must be postmarked no later**

## Reports of Interest

[By the Numbers: The Public Costs of Teen Childbearing](#) - A comprehensive national estimate of the public costs of teen childbearing in 10 years. The report also provides a state-by-state analysis of the costs of teen childbearing. Organization: National Campaign to Prevent Teen Pregnancy Date: 10/2006

### [Health and Well-Being of Children in Rural Areas: A Portrait of the Nation 2005](#)

Provides information on the health and well-being of rural children and their use of health services. Includes information on rural children's families and neighborhoods, as well as data on health status, health insurance coverage, and other aspects of child well-being. Includes comparisons of children in rural and urban communities. Organization: Maternal and Child Health Bureau. Date: 2005

### [Health and Well-Being of Children: A Portrait of States and the Nation, 2005](#)

Provides data on children's health status, health care access, safety, child care and other issues related to children's well-being. Includes state-level data. Organization: Maternal and Child Health Bureau. Date: 2005

2006 | 2007

# Fine Arts Series


## ADDICTED...A COMEDY OF SUBSTANCE

CSB/SJU ID TICKET PRICE: \$10

This one-man play is a thought provoking journey through actor Mark Lundholm's battles with addiction and his struggles to recover. The performance will leave you laughing, crying, & thinking.


A MUST SEE performance for any student contemplating a career that will be touched by chemical dependency issues.


For Tickets Call the Box Office at [320-363-3577](tel:320-363-3577) or [320-363-5777](tel:320-363-5777)  
 Friday, February 16 at 7:00 p.m. & 9:30 p.m.  
 Saturday, February 17 at 7:00 p.m. & 9:30 p.m.  
 Gorecki Family Theater, Benedicta Arts Center of the College of Saint Benedict



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a regional foundation.



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Saint John's  
UNIVERSITY

## SPOTLIGHT ON EARLY CHILDHOOD - Creative Projects in the Works

### United Way of Central MN Early Childhood Coalition Increases Awareness of Community Leaders of the Need to Focus and Invest in Early Childhood

In December of 2006, the United Way's Success By 6 initiated the Daily Reader Program. Through this program, the United Way's AmeriCorps member coordinates volunteers to read an Imagination Library book at one of six sites at 10:00 a.m. The volunteers introduce themselves and how they enjoy reading, read the books, and talk with children (mostly 3 and 4 year olds) about it. The book is donated to the site before they leave. Sites include preschools, Head Start and Hands Across the World. Individual volunteers help intermittently or have made weekly commitments. Also, businesses and organizations have adopted sites and, through their team leader, recruit volunteers for a selected week.

To date, these include KDV (a local accounting firm), Health Partners Pediatrics, Retired & Senior Volunteer Program and Sartell/St. Stephen Community Education. A site extension is planned due to volunteer and site interest. This project allows 15 - 20 children every weekday to meet new positive adults who love to read! This project also gives community members an increased understanding of young children and provides valuable early learning.

### Princeton Early Childhood Coalition Uses Free Air Time to Reach Community

The Princeton Early Childhood Coalition is using free air time offered by their local radio station to inform their community about early care and education-related activities and events and to provide information helpful to young children, their caregivers, and support groups. They are planning on having two "shows" each month at 7:30 AM on Tuesdays, called The Kids Connection.

The air time will feature ECFE parent educators, EC Advisory Council Members, ECSE and EC screening staff, Head Start Representatives, Public Health staff, local educators, Ready 4 K and representatives from other early childhood advocacy groups, health care providers, and other coalition members who will call in or stop by the radio station to have a conversation with the announcer. The coalition is hopeful to use the time to give parenting tips, health information, details about activities and events, and information about services and programs that will benefit young children and their families.

The Princeton Early Childhood Coalition knows that by investing a small amount of coordination time and organization, they will be able to raise early childcare and education issues and tell more people about what is available in the Princeton area to support young children and their families.

## Meet Our Team!!

Linda Kaufman, Sr. Program Manager for Children Youth and Families - [lkaufmann@ifound.org](mailto:lkaufmann@ifound.org)

Geri Pohlkamp, Meth & Youth Specialist - [gpohlkamp@ifound.org](mailto:gpohlkamp@ifound.org)

Karin Ihnen, Early Childhood Specialist - [kihnen@ifound.org](mailto:kihnen@ifound.org)

Jolene Howard, Program Assistant for Grants & Training - [jhoward@ifound.org](mailto:jhoward@ifound.org)